

May 2018

**Our First Issue:**

- From Bondage to Freedom
- Junior Achievement Day!
- Raw Food Revolution
- Our Mission



Junior Achievement Day

Last month I participated in Auburn Areas Chamber of Commerce Job Fair for local High School Students. It was a great success!

**EAT GREEN**

Each Week my Vlogs focus will be on one of my Five Core Pathways to Personal Freedom.

-Spiritual, Emotional, Religious, and Physical, and Financial Freedom-

*What does Physical Freedom mean to you?*

In May 2018, I'm going to **"non-cook"** my way through all the recipes I learned and received in my raw food Certification Class that I completed in 2017. **Wanna join me?**

Sign up for Updates so you can be ready with your ingredients ready! [Click Here!](#)

My favorite "raw recipe!"

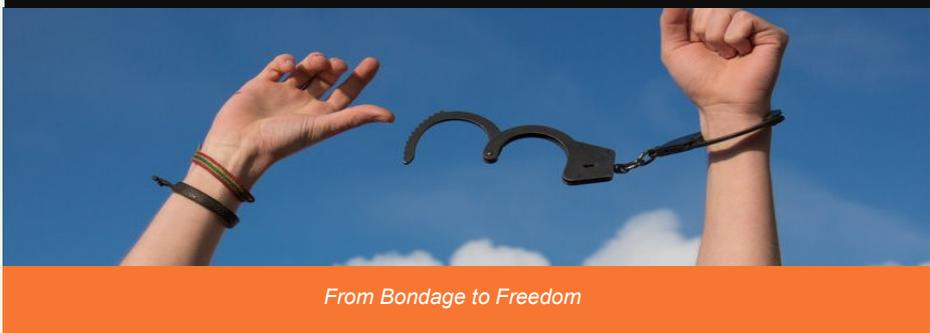
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**From Bondage to Freedom!**

The month of April I focused on Religious Freedom and will continue in the Month of May as I give a detailed account of what I believe from a religious and spiritual perspective!

See my Vlog [Here!](#)



*From Bondage to Freedom*

Our Mission is to help people transform their lives! Visit my Websites: [www.viviangale.com](http://www.viviangale.com) and [www.thepersonalfreedomcenter.com](http://www.thepersonalfreedomcenter.com)

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