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THE PERSONAL FREEDOM CENTER TO HOST GRAND OPENING CELEBRATION JUNE 19TH

Auburn, WA – The Personal Freedom Center, a brand-new, online and face-to-face personal development life coaching concept that is geared towards teens, adults, and families, this week announced they will be hosting an official Grand Opening celebration this June 19th for all community members in the greater Auburn, Washington area.

Borne from a passion for creating a place where all people feel welcome to learn about God, health, self, the Laws of Nature, emotional and personal freedom, and developing healthy relationships today, the Personal Freedom Center will be hosting life-altering classes every week that cover life's most challenging emotional constrictions.

“This center is a dream of mine that has been brewing inside me for nearly 20-years,” said Vivian Gale, Founder and Owner of the Personal Freedom Center. “All of the administered classes will revolve around my 5 Core Pathways to Personal Freedom, Spiritual, Emotional, Religious, Physical, and Financial Freedom. Through Life Coaching, Counseling, and Pastoral Care Services, everyone who utilizes this center will be well on their way to an improved quality of life.”

Each month, the Personal Freedom Center will be offering a variety of classes, covering Health and Wellness, How-To Raw Food Preparation and Transition Classes, Spirituality and Spiritual Study Groups, Understanding the Bible and Bible Prophecy. The center will also offer Life Coaching for

individuals, families, and small businesses wishing to reach their full potential. All attendees are welcome but are required to RSVP ahead of time as each class will be able to host 20 to 25 people. The center is located at Gale's new home.

“As a personal coach, I will support all center students with the necessary changes they need to reach their goals,” said Gale. “But, it is ultimately up to the individual to make that change they desire. Our center will supply the resources, support, information, and education to make it all happen. We are here to assist with every step of the way, implementing action steps and success principles that will lead to a total mind, body, and spiritual transformation.”

Gale is a Life Coach, Minister, and celebrated author to date with a plethora of self-help books available to individuals around the country. Her work as Life Coach includes community outreach and, working with local principals, school counselors, and staff to identify students and families that may benefit from her services. She plans to join the Auburn Chamber of Commerce to build her new center brand and networking locally with business owners in need of Life Coaching support.

Also a Minister, Gale plans to connect with local churches, Group Homes, and children and families in need, and will seek out volunteers to assist in adopting a child or family to support during their process of change. Gale can additionally perform marriages, baptisms, and other pastoral care needs.

Lastly, she has committed to offer her self-help books for a discounted sale price to all center visitors.

“We are welcoming anyone who would like to be part of our center moving forward,” said Gale. “Be on the lookout for more information regarding our upcoming Grand Opening. It will be a fun, community-oriented event perfect for families and kids of all ages. Spread the word on the official opening of our new center, and head on over today to learn about our new classes kicking off this June.”

For more information, visit: www.viviangale.com.